

# ABSOLUTE TENNIS

## Spring Term 2022

**Wed 5<sup>th</sup> January – Sat 26<sup>th</sup> March (11 weeks)**

(No lessons during school half term 14-20<sup>th</sup> February)

**Our program provides coaching for children & adults of different standards. We provide group sessions and private coaching which are provided by our LTA qualified team of coaches.**

<b>Group Coaching</b>		
<b>Level</b>	<b>Age (yrs)</b>	<b>Description</b>
Mini Munchkins	<b>3-4</b> Pre-school children	Fun movement, co-ordination, racket and ball skills for our youngest players.
Munchkins	<b>4-5</b>	Fun movement, co-ordination, racket and ball skills. Initial hitting, rallying & scoring skills.
Red	<b>6-8</b>	Played on a smaller red ball court. There are three red levels: Red 3 (6&7yrs), Red 2 (7&8yrs) & Red 1 (Intermediate & Advanced 6-8yrs).
Orange	<b>8-9</b>	Played on a smaller orange court (3/4 length). There are two orange levels: Orange 2 (8-9yrs) & Orange 1 (Intermediate & Advanced 8-9yrs).
Green	<b>9-11</b>	Played on a regular sized court. There are two green levels: Green 2 (9-11yrs) & Green 1 (Intermediate & Advanced 9-10yrs).
Bronze	<b>11-18</b>	Junior players of improver/ intermediate standard. Players are split in to up to 3 groups based on age & standard.
Silver	<b>11-18</b>	Junior players of an intermediate standard.
Gold	<b>11-18</b>	Junior players of an advanced standard.
Adult Groups	<b>All ages</b>	Our group levels are: Tennis Xpress (new to tennis/ rusty rackets), Adult Bronze (improving), Adult Silver (intermediate) & Adult Gold (advanced)
<p><b>Please note:</b> Juniors &amp; adults who are non-members may receive group coaching for a term. After this they will need to become members of Epsom Lawn Tennis Club to continue their coaching. This does not apply to Munchkin &amp; Mini Munchkin players however players in Munchkin groups who move up to a Red group will need to become members as soon as they move up. Please note that all payments for coaching should be made to <b>Absolute Tennis Limited</b>. For membership, a membership application form will need to be completed and payment should be made to <b>Epsom Sports Club</b>. Please do not make one payment to cover both coaching and membership.</p>		

## Private Coaching

	<b>1 Person</b>	<b>2 People</b>	<b>3 People</b>	<b>4 People</b>
<b>Member</b>	<b>£35</b>	<b>£38</b>	<b>£45</b>	<b>£50</b>
<b>Non-Member</b>	<b>£38</b>	<b>£42</b>	<b>£51</b>	<b>£58</b>

(Please note there is an additional cost of £4 an hour when floodlighting is needed)

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Day	Time	Level	Member Price	Non-Member Price
Mon	7.15-8.15pm	Adult Bronze	£100	£110
Mon	8.15-9.15pm	Adult Silver	£100	£110
Tues	9.30-11.00am	Adult Silver	£125	£135
Tues	11am-12.30pm	Adult Bronze	£100	£110
Tues	4.30-5.30pm	Bronze (1,2,3)	£100	£110
Tues	5.30-7.00pm	Silver & Gold	£125	£135
Wed	9.30-10.30am	Adult Bronze	£110	£120
Wed	10.30-12pm	Adult Bronze	£138	£148
Wed	2.00-2.45pm	Mini Munchkins	£83	£83
Wed	3.45-4.30pm	Munchkins	£83	£83
Wed	4.30-5.30pm	Red 3, Red 2, Orange 2 & Green 2	£110	£120
Wed	5.30-7.00pm	Red 1, Orange 1, Green 1	£138	£148
Wed	7.15-8.15pm	Adult Bronze	£110	£120
Wed	8.15-9.15pm	Adult Silver	£110	£120
Thurs	3.45-4.30pm	Munchkins	£83	£83
Thurs	4.30-5.30pm	Bronze (1,2,3)	£110	£120
Thurs	5.30-7.00pm	Silver & Gold	£138	£148
Thurs	7.15-8.15pm	Tennis Xpress	£110	£120
Thurs	8.15-9.15pm	Adult Gold	£110	£120
Fri	2.00-2.45pm	Mini Munchkins	£83	£83
Fri	3.45-4.30pm	Munchkins	£83	£83
Fri	4.30-5.30pm	Red 3, Red 2, Orange 2 & Green 2	£110	£120
Fri	5.30-7.00pm	Red 1, Orange 1, Green 1	£138	£148
Fri	7.15-8.15pm	Tennis Xpress	£110	£120
Sat	9.15-10am	Munchkins	£83	£83
Sat	10.00-11.00am	Red 3 & Red 2	£110	£120
Sat	11.00-12.00pm	Orange 2 & Green 2	£110	£120
Sat	12.00-1.00pm	Adult Bronze & Silver	£110	£120

\*All prices include VAT

### Discounts

1. Families with 3 or more children receiving coaching will pay just ½ price for the 3<sup>rd</sup>/4<sup>th</sup> children (i.e. youngest ones). The discount will apply to only 1 lesson
2. Some players will be invited to attend a second session each week where there is space and this will be charged at half price.
3. Only 1 of the above discounts can be applied to each child.

Our preferred means of receiving payment is via on-line banking using the following details:

**Absolute Tennis Limited: Lloyds Bank Acc. No: 51936068/ Sort Code: 30-94-77**

**Please quote player's name as reference when paying on-line.**

### Reply Slip

Please complete the form below if you / your child are starting coaching for the first time or if there is a change in details. Please bring this to the first session.

Tear Here-----Tear Here

**Name:** ..... **Date of Birth:** ...../...../.....(Juniors only)

**Email:** ..... **Mobile number:** .....

**Medical conditions:** .....

**Parent's First Name:** ..... **Signature (parent/ adult player):** .....

By signing this form you, as either a parent or adult player, give permission for qualified first aiders to administer first aid or help with administering prescribed medication if required.

Day	Time	Level

For enquiries email: [mike@absolutetennis.org.uk](mailto:mike@absolutetennis.org.uk) or call 07734 602063