

TENNIS COACHING AT EPSOM LTC

SPRING TERM 2010

4th January - 19th March

(excludes half-term 15th-19th February)

Player Discount - Any player can choose to attend a 2nd coaching session each week for 1/2 price (subject to availability).

Family Discount - For families who have 3 or 4 kids receiving coaching, the 3rd and 4th children (i.e. youngest ones) are at 1/2 price.

Michael Lavey Email: michaellavey@yahoo.co.uk	LTA Performance Coach Full LTA Licence
	Tel: 07734 602063

JUNIOR LEVELS		
Age	Description	
Munchkins 3/4	Fun movement, co-ordination, racket and ball skills.	
Red 5-8	Played on small Red court for beginners (Level 3), players with basic shots (Level 2) and those that can rally with serve (Level 1). Red Squad - invitation only groups for advanced Red/team players.	} MINI TENNIS
Orange 7/8/9	Played on Orange court (3/4 length) for players with basic shots (Level 3), those rallying and serving to targets (Level 2) and those with strong rallying and good shot variety (Level 1). Orange Squad - invitation only groups for advanced Orange/team players.	
Green 8-11	Played on full court. Continuation of Orange with improved shot making and tactics.	
Bronze 11-18	For junior players who are either beginners (Bronze 1), improvers (Bronze 2) or intermediate (Bronze 3). All developing technique and game tactics.	
Junior Squad U12-U18	Advanced junior players. Advanced technique, shots and tactics with matchplay focus.	

ADULT COACHING

Coaching is available for adults of all ages and abilities from complete beginners through to advanced players. The sessions are pay and play and are open to members and non-members.

Beginner/Improver	Tues	9.30-11.30am	£10.00 (members £8.00)
Improver/Intermediate	Wed	9.30-11.30am	£10.00 (members £8.00)
Intermediate/Advanced	Thurs	9.30-11.30am	£10.00 (members £8.00)
Improver/Intermediate	Sat	12.00-1.00pm	£6.00 (members £5.00)
Intermediate/Advanced	Sat	1.00-2.00pm	£6.00 (members £5.00)

No need to book just turn up

Individual Lessons

Individual/Up to 4 people (for 55mins)	Member £25	Non-Member £28.00 (Adult) £26.50 (Junior)
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SPRING TERM JUNIOR COACHING 2010

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(excludes half-term 15th-19th February)

Day	Time	Level	Cost	
			Member	Non-Member
Mon	3.45-4.15pm	Munchkins	£30	£30
Mon	4.15-5.00pm	Red (L3, L2 & L1)	£45	£50
Tues	3.45-4.15pm	Munchkins	£30	£30
Tues	4.15-5.00pm	Red (L3 & L2)	£45	£50
Tues	5.00-6.00pm	Orange (L3/L2)	£60	£70
Tues	5.00-6.00pm	Green	£60	£70
Tues	5.00-6.00pm	Bronze 2	£60	£70
Tues	6.00-7.00pm	Bronze (2 & 3)	£60	£70
Tues	6.00-7.00pm	Junior Squad	£60	£70
Wed	3.45-4.15pm	Munchkins	£30	£30
Wed	4.15-5.00pm	Red (L3 & L2)	£45	£50
Wed	4.15-5.30pm	Red Squad	£60	£65
Wed	5.00-6.00pm	Orange (L3 & L2)	£60	£70
Wed	5.30-7.00pm	Orange Squad	£70	£80
Wed	5.00-6.00pm	Green	£60	£70
Wed	6.00-7.00pm	Bronze 2 & 3	£60	£70
Wed	6.00-7.00pm	Junior Squad	£60	£70
Thurs	3.45-4.15pm	Munchkins	£30	£30
Thurs	4.15-5.00pm	Red (L3, L2 & L1)	£45	£50
Thurs	5.00-6.00pm	Orange (L3 & L2)	£60	£70
Thurs	5.00-6.00pm	Green	£60	£70
Thurs	6.00-7.00pm	Bronze (1 & 2)	£60	£70
Friday	4.15-5.00pm	Red (L3, L2 & L1)	£45	£50
Friday	5.00-6.00pm	Orange (L3/L2)	£60	£70
Friday	5.00-6.00pm	Green	£60	£70
Friday	5.00-6.00pm	Bronze 2	£60	£70
Friday	6.00-7.00pm	Bronze 2 & 3	£60	£70
Friday	6.00-7.00pm	Junior Squad	£60	£70

Please note

- 1 Places will be allocated on a first come first served basis. Priority will be given to players coached last term.
- 2 Players should wear sports clothing ie. tracksuit and sports shoes not casual shoes.
- 3 In the event of bad weather alternative activities will be provided in the clubhouse. If necessary time will be made up where possible but no refunds will be made.

**Book your place by emailing michaellavey@yahoo.co.uk or calling 07734 602063.
Once we have confirmed a place please return a completed reply slip and payment to
Michael Lavey, 76 Bond Road, Surbiton, Surrey KT6 7SG.**

Reply Slip

Name: Date of Birth:...../...../.....
 Address:
 Post Code:
 Email:
 Medical Condition/Other Issues:.....
 Parent's First Name:..... Contact Number (in case of emergency):
 Parent's Signature:

By signing this form you, as parent, give permission for qualified first aiders to administer first aid or help with administering prescribed medication if required.

Day	Time	Level

I enclose a cheque for £..... Made payable to Michael Lavey.